**Calendar**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 8th Feb</td>
<td>2/3/4 Class Meeting 3.15pm</td>
</tr>
<tr>
<td>Fri 12th Feb</td>
<td>Swimming Carnival</td>
</tr>
<tr>
<td>Tues 16th Feb</td>
<td>K/1/2 Class Meeting</td>
</tr>
<tr>
<td>Wed 17th Feb</td>
<td>P&amp;C AGM &amp; Meeting 2.00pm</td>
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<tr>
<td>Thurs 18th Feb</td>
<td>Year 6 Leadership Day</td>
</tr>
<tr>
<td>Mon 29th Feb</td>
<td>Young Leaders Day 5/6</td>
</tr>
</tbody>
</table>

**Canteen Roster**

Please remember to have your lunch order in by Wednesday afternoon to allow time to purchase all the fresh ingredients.

**This Week**

- Ruth
- Kim

**Next Week**

- NO CANTEEN

**Ms Hamer update**

As you know, Ms Hamer is away this term due to her having treatment for breast cancer. She is going quite well with her cancer operation being very successful but she now needs to undergo chemotherapy and radiotherapy as a part of her treatment. She won’t be returning until this treatment is finished and she has fully recovered. If you wish to send her any messages, please pass them onto school so we can pass them on thus ensuring her privacy during this difficult period.

In her absence, Mrs Ashley Oates is the class teacher for our 2/3/4 class—we are very lucky to have her as she has spent a lot of her time at our school over the last few years.

**2/3/4 Class Meeting**

Mrs Oates will be holding her class meeting on Monday 8th February in the classroom from 3.15.

**K/1/2 Class Meeting**

Miss Wallington and Mrs Bird are holding their class meeting on Tuesday 16th February at 3.15 in their classroom.

**Piano / Recorder Lessons**

These notes were sent out at the end of last week and were due back last Monday. However, if you wish your child to participate in any of these music opportunities, please see Mrs Mahony first thing tomorrow morning. Keyboard and Senior Recorder lessons commenced on Tuesday.

**Drums begin on Tuesday BEFORE school at 8:45 am in the hall** — please be on time. A levy of $1.00/week as a hall contribution will be added to the school account for each student doing drums. Recorder will be taught on Thursday’s when Ms Hamer returns after her sick leave.

Music Tuition agreements/information sheets are going home today for students who have notified the school of their preferences. All fees for tutors are payable in advance so please send payment for the first lesson.

**Bookclub**

All orders and payment need to be returned no later than Tuesday 16th February.

**Sport Term 1**

Sport this term will be held every Friday, so the school sports uniform needs to be worn on Fridays. All classes will be focusing on Athletics skills this term in readiness for our Small Schools Athletics Carnival in Term 2 and our Cross Country being held later this term.
Small Schools' Swimming Carnival
On Friday, 12th February our Year 3-6 students (and some Year 2 students who turn 8 this year, and can swim 50m) will attend the Small Schools’ Swimming Carnival being held at Beresfield Pool. The carnival starts at 9.30 am so we ask all students to be there so we can mark the roll. All children attending the carnival are expected to participate in the age events or novelty races. Mr Sheppard and Mrs Oates will supervise the students. **Participating schools are: Iona, Millers Forest, Glen William and Mount Kanwary. Each family needs to make their own arrangements with transport—everyone is to meet the teachers at Beresfield pool and c-shirts are to be worn for the day.**

Our cheer squad may bring red and white plastic streamers only.

A canteen will be operated by the pool staff. Cost of pool entry is $2.20 each for students. Parents are required to pay for themselves on entry to the pool ($2.80). Please return the permission note, and $2.20 per child, as soon as possible.

The program for the day is as follows:

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.30-11.15</td>
<td>100m races; 50m freestyle, 50m breaststroke, 50m backstroke, 50m butterfly, 50m kickboard (non swimmers)</td>
</tr>
<tr>
<td>11.15-11.30</td>
<td>Recess</td>
</tr>
<tr>
<td>11.30 – 12.00</td>
<td>Junior and Senior Individual Medley</td>
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<tr>
<td>12.00 -12.30</td>
<td>Lunch</td>
</tr>
<tr>
<td>12.30 – 1.00</td>
<td>Junior Relays (8, 9, 10 yrs)</td>
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<tr>
<td></td>
<td>Senior Relays (11, 12 yrs)</td>
</tr>
<tr>
<td>1.00 – 1.45</td>
<td>Novelty Races</td>
</tr>
<tr>
<td>1.45</td>
<td>Presentation</td>
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</tbody>
</table>

All these times are a guide only.

Emergency Student Report
Sent home today was a Student Emergency Contact sheet. Please check it carefully and make any changes before returning it to Mrs Mahony ASAP.

School Leaders
Our School Leaders this year are: Gabby and Kimberley (School Captains); Leila (Student Council President); Sophie and Linden (Health and Safety); Connor and Kane (Sport) and Whyatt and Rachael (Environment). They also have a host of other duties to perform, making this a very busy but enjoyable year for our new Year 6 children.

P&C Meeting
Our next P&C Meeting will be held in the School Library from 2.00 pm on Wednesday, 17th February. The next School Council Meeting is scheduled for next Tuesday, 9th February at 3.30 pm.

Star Struck
We are once again participating in Star Struck this year. Ms Tully has organised the names of participants as a part of our troupe—they will begin practising their finale, in preparation of recording our performance as a part of our entry, this Friday (tomorrow), 5th February at 3.20 pm. Cassie will once again be our fabulous coach! Here is a link to the dance StarStruck

Rehearsal times are:

- Fri 5th Feb 3:20-4:15
- Wed 10th Feb 8:25-9:10
- Wed 17th Feb 8:25-9:10
- Fri 19th Feb 8:25-9:10 (we will be filming for our audition).

Breakfast will not be provided so please make sure you eat something healthy before you come to school.

Newsletter
Everyone will get a paper copy of the newsletter this week and next week. Please fill in the form at the end of the newsletter to let me know how you would like to receive it from then on.
School Banking
School banking day is Wednesday, if you would like your child to bank, a Commonwealth Bank account is required.

Working With Children Check
As of June 15th 2014, all people working with children in schools in any capacity need to have a Working With Children Check before being allowed to take on class reading roles, canteen help or any activity in which our children are involved. It is a free check, so please see Alison in the office to have your paper work done and cleared as soon as possible.

School Parking
We still have the ongoing issue of parking in front of our school. It has come to my attention that cars are “coming over the top of the bank” to park. Apart from being illegal (crossing unbroken lines) this is very dangerous, as there is no clear view of oncoming cars coming from over the hill. As a part of our duty of care to our children (and families) PLEASE ENTER OUR PARKING AREA THE PROPER WAY—USING THE ENTRANCE FROM NEAR THE HALL. We certainly do not want any accidents to happen!

Parent Volunteers
All volunteers must sign in at the office before proceeding to the classroom or canteen.

Policies
These have been sent home today and we would appreciate it if you could read these documents carefully, sign the permission note on each except for the Homework Policy Statement, and return to school as soon as possible. Please understand that if we do not receive a signed copy of these policies we will assume that you agree with each of these policies and permission is given for your child to participate in PDHPE lessons & scripture lessons and that you authorise publication as per attached notifications.

Bakin’ Beanz Café Maitland
Once again, Bakin’ Beanz Café has been generous enough to offer Iona Public an Art Space at their Café in Maitland. Each month 6 artworks will be chosen and will be put on display for the public to view. These students will also receive a lollipop when they visit the café. If you do not want your child’s artwork to be displayed please see Ms Tully.

Boot Camp
Group sessions start back 5th February
Friday’s at Iona Public School Oval
8:30am - 9:15am Cost $10
If you are interested in joining please call
Esther Eyb 0407 920356

Nutrition Snippet
...stay healthy over Summer.

Summertime = BBQ time in Australia.

Here are five ways to make your barbies as healthy and delicious as possible.

- Limit or avoid processed meat like sausages and bacon.
- Use lean cuts of meat.
- Make sure half your plate is filled with veggies.
- Cook veggies like eggplant, zucchini and capsicum straight on the bbq (or as part of the kebab in picture).
- Make a few salads to serve on the side.
- Freezing fruits like grapes and berries make a delicious treat for a dessert on a hot day.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit
2016 Registration Dates
Saturday 30th January 10am-1pm
Wednesday 3rd February 4pm-6pm
Saturday 6th February 10am-2pm
Paterson School Library
For more information please ring Jess on 0497498654 or Facebook.

Private, In-Home Tutoring
Grades K-8
Reading Skills / Math Skills / Organisational Skills / Help with Projects and Test Preparation
I am a 2015 Higher School Certificate Graduate from All Saints College, Maitland. I charge affordable rates with the first consultation being free. Please contact me and together I can help your child reach their full potential.
Bethany Mate 0403 143211

Seaham Bowthorne Football (Soccer) Club
Player Registration Days – Season 2016
Saturday 6th Feb 10.00am – 12.00pm
Saturday 13th Feb 10.00am – 12.00pm
Sunday 14th Feb 10.00am – 12.00pm

SEAHAM COMMUNITY HALL
(Back Hall) Warren Street Seaham

Small Sided Football $120.00 (U6 – U7)
Small Sided Football $140.00 (U8 – U11)
Competition $170.00 (U12 – U18)
All Age & Over 35 Men $310.00
(Registration cost includes weekly Matf Faha)

Full payment required with registration
All new registrations require proof of age & current FFA number if applicable.
On Line Registration & Payment available @ www.myfootballclub.com.au

For more info please contact either
Ken Williams (Registrar) 4088 6808 - kewillsa2@bigpond.com
Tim Griffiths (Secretary) 4088 6638 - tigriff0@bigpond.com

ATTENTION PARENTS
Of 4-7 Year Old Boys & Girls
Do you want to have your child involved in a TEAM SPORT but are unsure of what they should play?
Are you CONCERNED that by playing a team sport YOU WILL LOSE YOUR SPARE TIME on a weekend?
Are you CONCERNED that THEY MAY BE TOO SMALL, or may GET HURT playing a team sport?

If your answer to any of these questions is YES then maybe you should consider getting your child involved in UNDER 7’S RUGBY WITH MAITLAND JUNIOR RUGBY UNION!

Some of the benefits of playing rugby with Maitland Junior Rugby Union are:
• We have the cheapest junior sport registration in the Hunter Valley. $50 covers registration, insurance, team photograph & referee fees and includes a training shirt and water bottle for your child
• All games are played at Maranui Park, the fixed rugby grounds in country NSW
• Ourfields NEVER get washed out, because we use and maintain them
• We have our own cold for serving coffees, as well as hot BBQ & cold drinks facilities
• The competition is for under 7’s only.
• There is no tackling. Training and games are heavily geared around teaching the skills required for the future.

We are committed to providing a safe, nurturing environment for your child to play rugby so believe we are more than a club, we are a family.
So if you are CONCERNED in your child joining The Blacks, Hunter’s biggest sporting family, do your child’s first registration and melody@rugbyunion.com.au.

February Registration for All Age Groups from U7’s to U18’s

FEBRUARY
6TH
7TH
8TH
9TH
10TH
11TH
12TH
13TH
14TH
15TH
16TH
17TH
18TH
19TH
20TH
21ST
22ND
23RD
24TH
25TH
26TH
27TH
28TH
29TH
30TH

Sign up day
Sunday 31st January
Gresford Showground Pony Club Arena, 8:00am
Bring your pony and all riding gear.
From Beginner to confident – all welcome.
Paperwork can be obtained on the day, or by emailing
patersonriverpc@outlook.com
Please contact Suzi or patersonriverpc@outlook.com for any further details.
Newsletter

The ..................................................family would like to receive their newsletter by

☐ Email, our email address is: ___________________________________________

☐ Paper Copy

☐ I will read direct from the website

☐

Signed: __________________________ Date: __________________________

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Small Schools Swimming Carnival

I give permission for my child / ren...................................................... to attend the Small Schools’ Swimming Carnival to be held on Friday 12th February at the Beresfield Swimming Centre. I understand that transport will be by private vehicle.

☐ I have enclosed $2.20 per child for pool entry.

I am able to help with time keeping  ☐ Yes  ☐ No

Signed .................................................................Date......................
Year 7, 2017 Information Evening, February 9th 2016, 6-7pm in the Maitland High School HALL.

Entry via the front of the school on High Street, East Maitland. Join us for: an introduction to the school; its specialist programs; find out ‘what’s it really like being an MHS student’ and tour our facilities while sharing finger food and refreshments with teaching staff and executive.

All our prospective families welcome!
HRNILS No Interest Loans

HRNILS provides individuals and families on low incomes with loans up to $1200 (depending on income) to purchase essential household items. Other items including computers and educational devices may also be purchased.

To qualify for a HRNILS loan, you must:

- Have lived in your current residence for 3 months.
- Have a pension or health care card.
- Provide official proof of rental or board payments for at least 3 months (rental ledger, bank statements or bank receipts).

There are no fees or charges; the repayments you make are used to provide other members of the community with access to the same safe, no interest loans. Therefore, you must also be able to show a willingness and capacity to repay the loan.

If you qualify, and you wish to apply for a no interest loan, please phone HRNILS Head Office on 49877660 or email hrnils@hrnils.org.au for an application pack.
CANTEEN PRICE LIST 2016

Canteen Day – Friday. Orders **MUST** be in by Wednesday.

Helpers are always welcome, canteen roster is in the office
See Ruth Jones for any special dietary requirements
Place orders with money in brown paper bag (available in kitchen) in the letterbox

<table>
<thead>
<tr>
<th>FRESH / TOASTED SANDWICHES ON WHOLEMEAL BREAD</th>
<th>PRICE</th>
<th>SALAD</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salad (cheese, tomato, lettuce, carrot, cucumber &amp; pineapple)</td>
<td>$2.50</td>
<td>Salad on a plate (cheese, tomato, lettuce, carrot, cucumber, pineapple)</td>
<td>$2.50</td>
</tr>
<tr>
<td>Ham &amp; Salad</td>
<td>$3.00</td>
<td>Ham, Salad plate</td>
<td>$3.50</td>
</tr>
<tr>
<td>Silverside &amp; Salad</td>
<td>$3.00</td>
<td>Silverside, Salad Plate</td>
<td>$3.50</td>
</tr>
<tr>
<td>Egg, Lettuce &amp; Mayo</td>
<td>$2.00</td>
<td>Chicken, Salad Plate</td>
<td>$3.50</td>
</tr>
<tr>
<td>Ham or Silverside</td>
<td>$1.50</td>
<td>** Extras**: - egg or avocado</td>
<td>$1.00</td>
</tr>
<tr>
<td>Tuna</td>
<td>$1.50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vegemite or Honey</td>
<td>$1.00</td>
<td>** HOT FOOD**</td>
<td></td>
</tr>
<tr>
<td>Cheese</td>
<td>$1.20</td>
<td>Nemo Burger (fish fingers, lettuce, mayo on a roll)</td>
<td>$2.50</td>
</tr>
<tr>
<td>Ham &amp; Cheese</td>
<td>$2.00</td>
<td>Lean Beef Burger (lettuce, cheese, carrot, tomato &amp; sauce)</td>
<td>$3.00</td>
</tr>
<tr>
<td>Silverside &amp; Cheese</td>
<td>$2.00</td>
<td>Chicken Burger (lettuce, mayo)</td>
<td>$3.00</td>
</tr>
<tr>
<td>Baked Beans</td>
<td>$1.50</td>
<td>Chicken Burritos</td>
<td>$3.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Beef Burritos</td>
<td>$3.00</td>
</tr>
<tr>
<td>EXTRAS</td>
<td>PRICE</td>
<td></td>
<td>PRICE</td>
</tr>
<tr>
<td>Wraps, egg or avocado</td>
<td>$1.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tomato, pineapple, cheese</td>
<td>$0.50</td>
<td>** DRINKS**</td>
<td></td>
</tr>
<tr>
<td>Sauces: - tomato, BBQ, mayo or pickles</td>
<td>Free</td>
<td>Small Milo</td>
<td>$1.50</td>
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<tr>
<td></td>
<td></td>
<td>Large Milo</td>
<td>$1.80</td>
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<tr>
<td></td>
<td></td>
<td>Popper</td>
<td>$0.90</td>
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